



## Arts Umbrella Year-Long Theatre Intensives 2024/25 Information Package

Be a part of something special. The Arts Umbrella Year-Long Theatre Intensives are intended for students ready for a larger commitment to the art and craft of theatrical performance. They are a place to belong. Your journey is a full year in the making; from September to June you work with industry professionals to take your skills to the next level. These programs are preparation for further study, including our Advanced Troupes and Half Day Professional Training Programs in Performance.

*Please note that the Arts Umbrella Year-Long Theatre Intensives are a full year commitment. Missed classes may result in casting changes for public performances at the discretion of the instructor.*

### How do I apply?

Visit [www.artsumbrella.com/theatre-intensive](http://www.artsumbrella.com/theatre-intensive) to fill out an application form.

Prospective students must have completed at least two sessions of Arts Umbrella Theatre training, or equivalent. Students are divided into levels appropriate to age and experience.

Student applications are reviewed on a first come first serve basis. Acceptance letters will be sent to new students starting June 3<sup>rd</sup>, 2024.

### Proposed Schedule for 2024/25\*

#### Granville Island

Theatre Intensive	Level 1	Mondays	4:00-6:00pm	
Theatre Intensive	Level 2	Mondays	4:00-6:00pm	
Theatre Intensive	Level 3	Mondays	6:30-8:30pm	
Musical Theatre	Level 1	Wednesdays	4:00-6:00pm	with Dance – Saturdays - time TBC
Musical Theatre	Level 2	Wednesdays	4:00-6:00pm	with Dance – Saturdays - time TBC
Musical Theatre	Level 3	Wednesdays	6:30-8:30pm	with Dance – Saturdays - time TBC
Musical Theatre	Level 4	Wednesdays	6:30-8:30pm	with Dance – Saturdays - time TBC
Film Acting	Level 1	Wednesdays	4:00-6:00pm	
Film Acting	Level 2	Wednesdays	6:30-8:30pm	
Sketch Comedy & Improv	Level 1	Fridays	4:00-6:00pm	
Sketch Comedy & Improv	Level 2	Fridays	4:00-6:00pm	
Stagecraft		Tuesdays	3:30-5:30pm	or 5:45-7:45pm
Theatre Lab: Character & Story Creation		Tuesdays	4:00-5:30pm	
Theatre Lab: Movement & Physical Theatre		Thursdays	4:00-5:30pm	

*\*subject to change*

For more information or to apply, please visit [www.artsumbrella.com/theatre-intensive](http://www.artsumbrella.com/theatre-intensive) and follow the link provided or contact [theatre@artsumbrella.com](mailto:theatre@artsumbrella.com)



### **Performance Opportunities\*:**

Musical Theatre Winter Shorts Weekend – December 6-8, 2024

Film Acting Winter Shorts Screening – Dec 12, 2024

Theatre and Sketch Comedy Winter Shorts Weekend – December 13-15, 2024

Expressions Theatre Festival Year End Showcases (all Intensives) – mid-June 2025

Cabaret Evenings (Musical Theatre Intensives only) – late-June 2025

*\*Detailed performance schedules will be available in October and other performance opportunities may arise throughout the year.*

### **PROGRAM DESCRIPTIONS:**

#### **THEATRE INTENSIVE (ages 9–16)**

*Level 1, 2 & 3*

Young actors build their skills through focused theatre exercises that encourage mindfulness and self-awareness, experimenting with emotional and physical character portrayals. As students progress, they will learn to follow their impulses and improve their rehearsal and performance skills through a variety of theatre exercises, character studies, and script work. Students will explore a variety of theatrical techniques and styles such as Laban, mime, and mask, while experimenting with breath work to help connect to and access different emotions. Young actors are empowered to make bold emotional and physical character choices.

#### **MUSICAL THEATRE INTENSIVE (ages 9–16)**

*Level 1, 2, 3 & 4*

Keen students eager to see their skills and confidence grow learn acting techniques, dance and choreography, singing and musicianship, and more with our professional artist/instructors. Students will build connection, safety, and community, while creating dynamic ensemble and solo performances. Student perform ensemble numbers for our Winter Shorts revue and a fully scripted musical for the Expressions showcase in June as well as performing a solo at our intimate year-end cabaret.

*The Musical Theatre Intensives are delivered as a package along with a Dance class.*

#### **FILM ACTING INTENSIVE (ages 11–16)**

*Level 1 & 2*

Discover what it's like to be on set and what it takes to get you there! Students collaborate to make an original short film, which will be screened at their year-end performance. The class explores techniques on how to be in the moment, how to surprise yourself in your work, and how to audition for film and television.

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### **SKETCH COMEDY AND IMPROV INTENSIVE (ages 11-16)**

#### *Level 1 & 2*

Through a mixture of improvisation and writing, young actors gain creative thinking, team building, and communication skills that benefit them on the stage and in everyday life. Industry professionals help students develop technique, discipline and artistry. Curriculum is guided by the principles of Viola Spolin's "Improvisation for the Theatre" and Del Close's "Harold" format. Long form, theatre sports, and comedy-based improv are explored at higher levels, once foundations in Spolin-style improvisation are firm.

### **THEATRE LAB: CHARACTER AND STORY CREATION (ages 13-19)**

Students work on building scenes, basic physical character embodiment, improvisation skills, and narrative discovery through tasks and games that encourage teamwork, awareness, and creativity. They will learn technique for constructing a story, breaking down a script, character analysis, and script development.

### **THEATRE LAB: MOVEMENT AND PHYSICAL THEATRE (ages 13-19)**

Through tasks and theatre games, students explore partner and ensemble work, physical improvisation, choreography, moving with intention, and transforming obstacles into opportunities. Students can expect to develop awareness, mobility, mindfulness, safety and consent practices, spatial awareness, and flow, to enhance their theatre practice and performance toolkit.

### **STAGECRAFT (ages 13-19)**

Building on skills developed in the Stagecraft General Program, students blend creativity with technical skill, learning design elements of how productions come to life and how to work safely in a scene shop and backstage. They will work directly on the public presentations our programs create throughout the year, with an emphasis on collaborative design and practical use. Led by a combination of talented teachers and guest designers, students will create props, build set pieces, find and create costumes, and design sound and lights as they build the worlds around our Winter Shorts and Expressions productions.

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