



General Dance Level 1-4 Registration 2020/21

Student First name: _____

Student Last name: _____

Birthdate: _____ Male Female Non-binary

Name of School _____ Grade in Sept: _____

Parent First name: _____

Parent Last name: _____

Address: _____

City: _____ Postal code _____

Home Phone: _____

Email: _____

Cell: _____

Agree to Receive Emergency Text Messages?

Carrier: _____

(service carrier Must be Provided) Yes No

List any medications, allergies, physical, emotional, learning needs that we should be aware of?

List all persons authorized to pick up your child (include yourself). Note: Photo ID may be required.

<input type="checkbox"/> Hip Hop (8-11 yrs): Tues 4:00-5:00 Q7 \$1100	<input type="checkbox"/> Level 2 Ballet Only: Fri 4:00-5:15 GI \$1370
<input type="checkbox"/> Hip Hop (8-11 yrs): Tues 5:15-6:15 Q7 \$1100	<input type="checkbox"/> Level 2 Ballet /Musical Theatre Package: GI \$2590
<input type="checkbox"/> Boys Only 1/2: Sat 4:30-5:30 GI \$1170	Pick one: <input type="checkbox"/> Musical Theatre Voice: Mon 4:00-4:30 online
<input type="checkbox"/> Boys Only 3: Mon 4:15-5:15 Q7 \$1170	<input type="checkbox"/> Musical Theatre Voice: Mon 5:00-5:30 online
<input type="checkbox"/> Boys Only 4+: Fri 7:15-8:15 GI \$1170	<input type="checkbox"/> Level 2 Ballet/Modern Package: Q7 \$2400
<input type="checkbox"/> Level 1 Ballet D: Mon 4:15-5:15 GI \$1170	<input type="checkbox"/> Level 2 Ballet/Character Package: GI \$2400
<input type="checkbox"/> Level 1 Ballet A: Wed 4:00 – 5:00 GI \$1170	<input type="checkbox"/> Level 3 Ballet/Musical Theatre Package: GI \$3100
<input type="checkbox"/> Level 1 Ballet C: Wed 4:15 – 5:15 Q7 \$1170	Pick one: <input type="checkbox"/> Musical Theatre Voice: Mon 6:45-7:15 online
<input type="checkbox"/> Level 1 Ballet E: Fri 4:00 – 5:00 GI \$1170	<input type="checkbox"/> Musical Theatre Voice: Mon 7:30-8:00 online
<input type="checkbox"/> Level 1 Ballet B: Sat 9:15-10:15 Q7 \$1170	<input type="checkbox"/> Level 3 Ballet/Modern Package: Q7 \$2540
Level 1 Ballet (above) & Musical Theatre \$2400	<input type="checkbox"/> Level 3IP Intensive Package A: Q7 \$4260
Pick one: <input type="checkbox"/> Musical Theatre Dance: Sat 8:45-9:45 GI	<input type="checkbox"/> Level 3IP Intensive Package B: GI/Q7 \$4260
<input type="checkbox"/> Musical Theatre Voice: Thurs 4:00-4:30 online	<input type="checkbox"/> Level 4 Ballet/Musical Theatre Package: GI \$3100
<input type="checkbox"/> Musical Theatre Voice: Thurs 4:30-5:00 online	Pick one: <input type="checkbox"/> Musical Theatre Voice: Wed 4:00-4:30 online
Level 1 Ballet (above) & Modern \$2020	<input type="checkbox"/> Musical Theatre Voice: Wed 4:30-5:00 online
<input type="checkbox"/> Level 1 Modern: Fri 5:00-6:00 GI	<input type="checkbox"/> Level 4IP Intensive Package A: Q7 \$4260
	<input type="checkbox"/> Level 4IP Intensive Package B: Q7 \$4260

Fees include: Tuition, Uniform (Girls: leotard & tights Boys: t-shirt & shorts,)

Non-binary students, please indicate which uniform package you wish to receive on the uniform ordering form.

Recital Costume(s), Recital Video, 2 Recital Tickets, 2 Company Season Finale Tickets

Fees do not include: additional uniform items, Cecchetti Exam, Cecchetti Workshops.

Method of payment: Attach credit card # or series of post-dated cheques.

Full Payment 30% deposit (or existing credit) and 5 monthly installments auto-charged Oct 5 – Feb 5

Card # _____ Expiry _____ / _____ CVV _____

Cardholder name: _____ Signature for authorization: _____

Withdrawal and Refund Policy (page 2)

Deliver to the attention of the Dance Registrar: 1286 Cartwright Street, Vancouver BC V6H 3R8 or fax: 604.681-5285

Withdrawal and Refund Policy for year-long programs.

- Arts Umbrella will refund the balance less \$100 administrative fee when a written request is received 2 weeks before the program commences.
- Arts Umbrella will retain 30% of program fees when a written request is received after the program start and before **September 30**.
- Arts Umbrella will retain 50% of program fees when a written request is received after **October 1** and before **December 1**.
- No refund will be issued after **December 1**.

Requests for withdrawal must be forwarded in writing to the attention of the Registrar. Non-attendance or non-payment of outstanding fees does not imply a formal withdrawal. Arts Umbrella will issue any eligible refund within thirty (30) days of receiving written notice.

In the case of illness or injury, a pro-rated refund may be issued when accompanied by a physician's note.

Students missing more than 4 weeks due to an injury is asked to speak with the Artistic Director, Dance.

Arts Umbrella reserves the right to remove any person who fails to comply with its rules and regulations or who engages in any activity the Directors deem contrary to the fulfillment of Arts Umbrella's objectives. In such an event, Arts Umbrella will be owed total program fees and bursary recipients will be asked to reimburse the full value of that year's bursary.

Arts Umbrella reserves the right to cancel classes as required, in which case refunds would be issued.

Required Waivers

FOR IN-PERSON CLASSES

AU General Liability: As a parent/guardian of a minor ("the Student") or as a student 19 years or older (also "the Student"), who will be participating in an Arts Umbrella program online ("the Program"), I have read and understood the information regarding the Program and its new, online delivery method. I acknowledge that Arts Umbrella cannot be held responsible for student conduct online before or after the Program class(es).

Participant: In consideration of the Student's participation in the program, I hereby release and discharge Arts Umbrella Association ("the Organization"), and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that the Student may suffer as a result of the Student's participation in this activity. I will ensure the Student follows the rules and regulations set by the Organization and above named parties.

Privacy: Arts Umbrella gathers and maintains personal information for the purposes of program registration and communication about Arts Umbrella activities. Activities include advising you of fundraising initiatives, programs, services, special events, open houses, exhibits and/or performances. Arts Umbrella respects your privacy. Any information you provide to Arts Umbrella will be used and stored in compliance with British Columbia's Personal Information and Protection Act (PIPA). Arts Umbrella will not disclose your information without your consent and does not rent, sell or trade personal data about you to third parties.

Image and Likeness: For good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, I hereby grant to Arts Umbrella and any employees, agents, licensees and assigns of Arts Umbrella, the absolute right and permission to use and re-use, in whole or in part, my name, voice, image and likeness, as well as any recording, soundtrack, artwork, film or footage in which my name, voice, image or likeness appear. Such videos and artwork may be taken, filmed or made by or for Arts Umbrella for use in any and all media worldwide in perpetuity, for any and all legal purposes, including advertising or promotion of or for Arts Umbrella, without further payment or notice to me.

I also consent to any modification, alteration, distortion, blurring or optical illusion of the materials produced and their use in composite form or in conjunction with any other matter or material, service, product or sponsor. I waive any claims for defamation or invasions of privacy for any use of the materials produced during the course of this Program and associated events, and I further consent, acknowledge and agree that Arts Umbrella is the sole owner of all intellectual property rights in and to the materials produced during this Program/associated events, the videos and all film, footage, recordings, soundtracks, images and reproductive product however created, related to, arising out of, or in respect of the materials.

I am of legal age of majority and have the right to contract in my own name. I have read this release prior to signing, and I am fully familiar with the contents thereof. This release shall be binding upon me, and my heirs, legal representatives, successors and assigns, and you may rely on this release.

OR

I represent and warrant that I am the father/mother/guardian of Student name below, and have legal authority to execute this agreement and I hereby consent to the foregoing on his/her behalf.

Signature: _____ Date: _____

FOR ONLINE CLASSES

AU General Liability As a parent/guardian of a minor ("the Student") or as a student 19 years or older (also "the Student"), who will be participating in an Arts Umbrella program online ("the Program"), I have read and understood the information regarding the Program and its new, online delivery method. I acknowledge that Arts Umbrella cannot be held responsible for student conduct online before or after the Program class(es).

Participant: In consideration of the Student's participation in the program, I hereby release and discharge Arts Umbrella Association ("the Organization"), and its representatives, successors, and assigns, from any and all liability arising from accident, injury, and illness that the Student may suffer as a result of the Student's participation in this activity. I will ensure the Student follows the rules and regulations set by the Organization and above named parties.

I do hereby grant and give the Organization and these groups the right to engage the Student in the Program via online platform(s) including, but not limited to Discord, Webex and/or Zoom ("the Platforms"). The Organization will provide instructions regarding the process for delivery of the Program as well as expectations for online conduct (Appendix A). The privacy policies of any of the Platforms in use for delivery of the Program will apply. I acknowledge that part of the Program may include one-on-one, online coaching with a faculty member of the Organization. The Student's image with or without the Student's name, may be used in online performances or promotion as they relate to the Program.

Privacy: Arts Umbrella gathers and maintains personal information for the purposes of program registration and communication about Arts Umbrella activities. Activities include advising you of fundraising initiatives, programs, services, special events, open houses, exhibits and/or performances. Arts Umbrella respects your privacy. Any information you provide to Arts Umbrella will be used and stored in compliance with British Columbia's Personal Information and Protection Act (PIPA). Arts Umbrella will not disclose your information without your consent and does not rent, sell or trade personal data about you to third parties.

Image and Likeness: For good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, I hereby grant to Arts Umbrella and any employees, agents, licensees and assigns of Arts Umbrella, the absolute right and permission to use and re-use, in whole or in part, my name, voice, image and likeness, as well as any recording, soundtrack, artwork, film or footage in which my name, voice, image or likeness appear. Such videos and artwork may be taken, filmed or made by or for Arts Umbrella for use in any and all media worldwide in perpetuity, for any and all legal purposes, including advertising or promotion of or for Arts Umbrella, without further payment or notice to me.

I also consent to any modification, alteration, distortion, blurring or optical illusion of the materials produced and their use in composite form or in conjunction with any other matter or material, service, product or sponsor. I waive any claims for defamation or invasions of privacy for any use of the materials produced during the course of this Program and associated events, and I further consent, acknowledge and agree that Arts Umbrella is the sole owner of all intellectual property rights in and to the materials produced during this Program/associated events, the videos and all film, footage, recordings, soundtracks, images and reproductive product however created, related to, arising out of, or in respect of the materials.

I am of legal age of majority and have the right to contract in my own name. I have read this release prior to signing, and I am fully familiar with the contents thereof. This release shall be binding upon me, and my heirs, legal representatives, successors and assigns, and you may rely on this release.

OR

I represent and warrant that I am the father/mother/guardian of Student name below, and have legal authority to execute this agreement and I hereby consent to the foregoing on his/her behalf.

Signature: _____ Date: _____

Health Declaration

I understand and agree that my child is not permitted to attend class if they are exhibiting any symptoms of a cold, flu or COVID-19, such as fever, cough, shortness of breath, sore throat and difficulty swallowing, coughing or sneezing, or other symptoms as described by the Public Health Agency of Canada, the BC Ministry of Health and BC Centre for Disease Control, or is required to self-isolate. A student that attends an Arts Umbrella class with these symptoms will not be permitted in the facility.

Initial: _____

Hold Harmless Agreement and Transportation Waiver

(Required only for all participants requiring Arts-Umbrella transport; ie. Professional Program, SDI Advanced and Graduate Levels)

Whereas:

- A. The Children's Arts Umbrella Association is a charitable organization offering art, music, and dance programs to children in the Lower Mainland;
- B. The Children's Arts Umbrella Association's main facility is located at 1286 Cartwright Street Vancouver, B.C. ("the Facility");
- C. Attendance in "Summer Dance Intensive" requires transportation of children by vans or vehicles, some of which are owned by The Children's Arts Umbrella Society and some of which are not ("the Vehicles");
- D. The undersigned is desirous of having their children participate in The Children's Arts Umbrella Association's programs that require transportation by the Vehicles;
- E. The Children's Arts Umbrella Association's ability to compensate the undersigned or the undersigned's child or children for any loss, cost, damage, expense or injury incurred while being transported in the Vehicles is limited to the insurance coverage available to The Children's Arts Umbrella Association for such purpose ("the Insurance");

The Parties agree as Follows:

- 1) The Children's Arts Umbrella Association agrees to transport the undersigned's child or children in the Vehicles to and from The Children's Arts Umbrella Association programs at the Facility or elsewhere, as may be required by the child's or children's attendance at The Children's Arts Umbrella Association's programs.
- 2) The undersigned on their own behalf and on behalf of their child or children who might be transported from time to time in the Vehicles hereby waives and hereby agrees to hold harmless The Children's Arts Umbrella Association from and against any and all claim or claims, action or actions, cause or causes of actions, demands, costs, expenses and damages of every nature and kind whatsoever which the undersigned or the undersigned's child or children may have against The Children's Arts Umbrella Association or its directors, officers, servants, agents or employees for and in respect of or in any way arising out of the transportation of the undersigned's child or children in the Vehicles, save and except such liability of The Children's Arts Umbrella Association, its directors, officers, agents, or employees as may be covered by the Insurance.
- 3) It is understood and agreed that this Waiver and Hold Harmless Agreement is applicable even in the event of the negligence of Arts Umbrella or any of its directors, officers, employees, servants or agents.

Signature of guardian or (participant 19 or older): _____ Date: _____

Permission to Leave the Premises

Arts Umbrella is not responsible for students before or after class time. In order to provide a safe learning environment all Dance students are required to remain under adult supervision once dropped off. Students wishing to leave the premises during their study /meal break must be picked up by a responsible adult or guardian whose name appears on their authorized pick-up list. Should you wish to grant permission for your child to leave the premises during the meal break unaccompanied by an adult please indicate below.

"I hereby authorize my child, _____ to leave the Arts Umbrella premises at meal break on his/her own accord."

AGREE

DISAGREE

Signature of guardian or (participant 19 or older): _____ Date: _____



Dance Program Uniform Order Form – Girls

Student First Name: _____ Student Last Name: _____

Parent First Name: _____ Parent Last Name: _____

Primary Phone #: _____ Email: _____

Registered For: _____

(List all packages) _____

*Please ensure to select 1 leotard and pair of tights that corresponds with your level and sizing.

Level:	Item:	Size (please circle or select choice & refer to fitting guide for reference):				
Leotards						
Level 1-3	Capezio Wide Strap Leo (Pur)	CS	CI	CM	CL	CXL
Level 4-7, APT,	Capezio Wide Strap Leo Child (Blk)	CS	CI	CM	CL	CXL
Teen, &	Capezio Wide Strap Leo Adult (Blk)	WXS	WS	WM	WL	WXL
Pre-EI 1/2						
APT, Teen, &	Capezio Camisole Leo w/ Bratek (Blk)	WXS	WS	WM	WL	WXL
Pre-EI 1/2						
Elem & Inter	Ainsliewear Princess Strap Leo (Blk)	P	S	M	L	XL
Senior, Adv,	Ainsliewear Princess Strap Leo (HG)	P	S	M	L	XL
Pre-Grad, &						
Grad						
Tights						
All Levels	Mondor Convertable Foot Tights, Pink	4-6	6-8			
	Mondor Convertible Foot Tights, Caramel	4-6	6-8			
	Capezio Ultra Soft Transition Tights, Pink	8-12	S/M	L/XL		
	Capezio Ultra Soft Transition Tights, Caramel	8-12	S/M	L/XL		
Second Skin						
Elem, Inter, Senior, Adv,	Capezio Leotard w. Clear Straps, Option 1	XS	S	M	L	
Pre-Grad, &	Capezio Leotard w. Clear Straps, Option 2	XS	S	M	L	
Grad	<ul style="list-style-type: none"> • Please see fitting guide for colour reference 					



Dance Program Uniform Order Form

Boys

Student First Name: _____ Student Last Name: _____

Parent First Name: _____ Parent Last Name: _____

Primary Phone #: _____ Email: _____

Registered For: _____

(List all packages) _____

*Please ensure to select 1 shirt and one pair of shorts or tights that corresponds with your level and sizing. Boys entering Level 5 and 5IP are required to select a dance belt.

Level:	Item:	Size (please circle or select choice & refer to fitting guide for reference):				
Boys Only 1-4,	Sansha Spencer Shirt	C	D	E	F	G
Level 1-7, APT,	Sansha Salvador Shorts	C	D	E	F	G
& Teen	Capezio Crewneck T-Shirt	S				
	Capezio Shorts	S				
Level 5/5IP Only	Capezio Quilted Dance Belt	YM	YL			
Pre-EI 1/2,	Capezio Seamed Tights	S	M	L	XL	
Elem, Inter,	Motionwear Black Tee	S	M	L	XL	
Senior, Adv,						
Pre Grad, &						
Grad						

Uniform Fitting Guide

How to fit a leotard:

- There are 4 essential measurements that need to be taken to properly find the right sizing for your child (see **fig.1 and 2** for a diagram of how to measure):
 - Bust: Measurement of the widest point of the chest (1)
 - Waist: Measurement at the narrowest point of the torso/waist (2)
 - Hip: Measurement at the widest point of the hip (3)
 - Girth: Measurement from the highpoint of the shoulder, through the legs and back up to the shoulder (4)
- With these 4 measurements, please refer to the charts below to find the most appropriate size for your child.
- Leotards should be comfortably snug around the body. Pay attention to gaping at the hips/crotch, and wrinkles along the torso. If these are present, the leotard is probably too big.
- If your child is in between two sizes, size up for growth. There are a few alteration tips that can be used to achieve a comfortable fit.
- Alterations:
 - If the straps are too long, either tack them together in the centre back (to create an X), or fold the excess into the back of the leo and tack down (see diagram below).

How to fit tights:

- We offer Mondor tights for children who are smaller than the 8-12 size. Please refer to the diagram below under Mondor to determine the correct size. **fig. 3**
- The main brand of transition tights that we distribute out to students are Capezio in the following sizes (refer to diagrams below):
 - 8-12 (children's size) **fig. 4**
 - S/M (teen/adult's size) **fig. 5**
 - L/XL (teen/adult's size) **fig. 5**
- If your child is between two sizes, size up for growth. Slightly bigger tights are less likely to tear as well, but they shouldn't be baggy.

How to fit boys uniforms:

- Shirts and shorts should be snug, but not constricting.
- Keep in mind that your child may be a different shirt size than their short size, so follow the fitting guide below for the best fit.
- Sansha sizes are smaller, and tops and bottom sizes can be interchanged depending on your child. **fig. 6**
- For the dance belt sizes, the waist measurement is needed. Please refer to **fig. 7** for the correct size. **(Level 5 & 5IP only)**

Capezio Leotards:

Children:



CHILDREN'S BODYWEAR GUIDE

CHILDREN	TOTS (T)	SMALL (S)	INTERMEDIATE (I)	MEDIUM (M)	LARGE (L)	EXTRA LARGE (XL)
	INCHES	INCHES	INCHES	INCHES	INCHES	INCHES
CHEST	20-21	22-23	24-25	26-28	29-31	33-35
WAIST	19-20	21-22	21-23	23-25	26-26	30-32
HIPS	21-23	23-25	25-27	27-29	30-32	34-36
GIRTH	35-38	39-42	43-46	47-50	50-53	53-56
SIZE	2-4	4-5	6-6X	7-8	10-12	14-16

1. Bust - widest point of chest
2. Waist - narrowest point of waist
3. Hip - widest point of hip
4. Girth - from the high point of shoulder, through legs

fig.1

Teen/Adult:



Women's Bodywear Guide

	Extra Small (XS)		Small (S)		Medium (M)		Large (L)		Extra Large (XL)	
	IN	CM	IN	CM	IN	CM	IN	CM	IN	CM
Bust	30-32	76-81	32-34	81-86	34-36	86-91	36-38	91-96	39-41	99-104
Waist	22-24	55-61	24-26	61-66	26-28	66-71	28-30	71-76	31-33	78-84
Hips	32-34	81-86	35-37	89-94	37-39	94-99	39-41	99-104	41-43	104-109
Girth	54-56	137-142	57-59	134-150	59-61	134-155	61-63	155-160	62-65	157-165
Size	2-4		4-6		8-10		10-12		14-16	

1. Bust: measurement at the widest point of the chest
2. Waist: measurement at the narrowest point of the torso
3. Hip: measurement at the widest point of the hip
4. Girth: measurement from the high point of the shoulder down through the legs

fig. 2

Ainsliewear Leotards:

WOMENS LEOTARDS

SIZE	PETITE	SMALL	MEDIUM	LARGE	X-LARGE	2XL
GIRTH	50-52"	52-56"	55-60"	59-64"	61-66"	63-65"
HEIGHT	4'11"-5'2"	5'1"-5'4"	5'4"-5'8"	5'7"-5'9"	5'8"-5'11"	5'9"-6"
BUST	28-30"	28-33"	31-35"	34-36"	35-40"	39-41"
WAIST	24-26"	24-27"	26-29"	28-31"	30-35"	33-35"
HIPS	30-33"	32-35"	34-39"	36-41"	40-45"	43-45"

Mondor Tights:

REGULAR TIGHTS SIZES / GRANDEURS RÉGULIÈRES DE COLLANTS

JUNIOR	2-4	4-6	6-8	8-10	10-12	12-14
HEIGHT / TAILLE	35"-43" (90-110 cm)	37"-48" (94-121 cm)	43"-52" (109-133 cm)	48"-57" (121-145 cm)	52"-60" (133-154 cm)	56"-62" (142-158 cm)
LBS / KG	25-45 lbs (12-20 kg)	40-55 lbs (18-25 kg)	50-65 lbs (23-30 kg)	60-75 lbs (27-34 kg)	70-85 lbs (32-38 kg)	80-100 lbs (36-45 kg)
ADULT	S-P	M	L-G	XL-XG	XXL	
HEIGHT / TAILLE	4'11"-5'4" (1.50 m-1.60 m)	5'2"-5'7" (1.55 m-1.70 m)	5'4"-5'9" (1.60 m-1.75 m)	5'6"-5'11" (1.65m-1.80 m)	5'8"-6' (1.72 m-1.85 m)	
LBS / KG	95-115 lbs (43-52 kg)	115-135 lbs (52-61 kg)	135-155 lbs (61-70 kg)	150-175 lbs (68-77 kg)	165-225 lbs (75-102 kg)	

fig. 3

Capezio Tights:

Children:

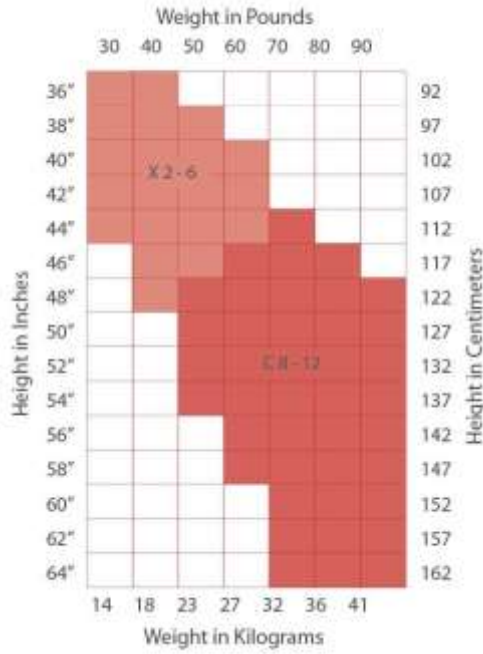


fig. 4

Teen/Adults:

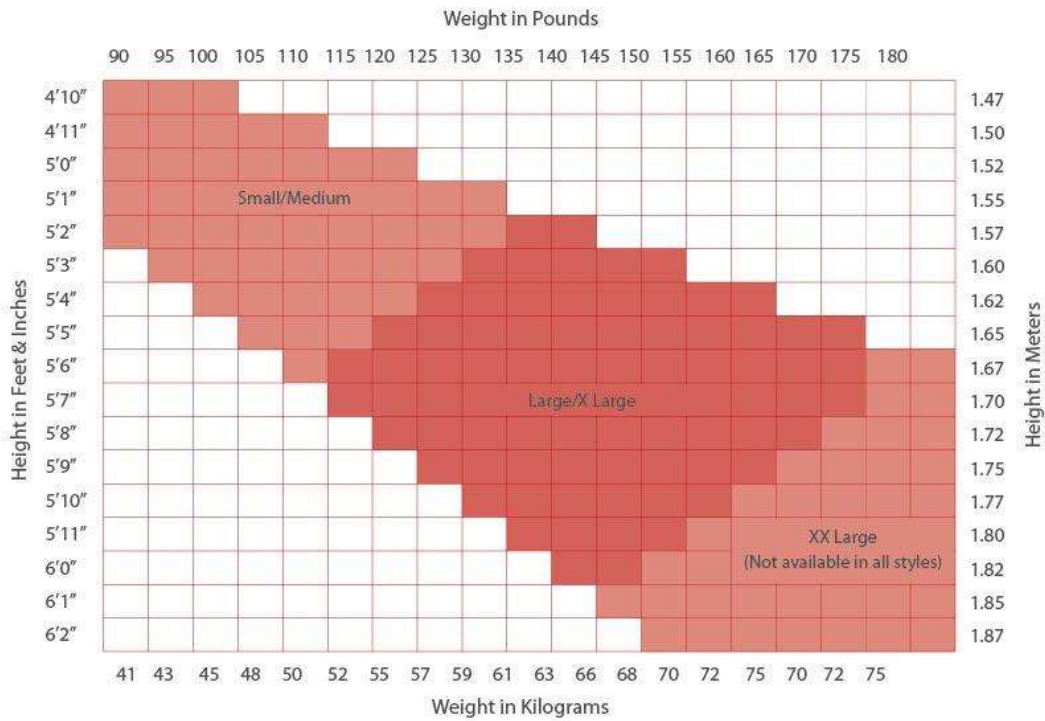


fig. 5

Second Skin:

Capezio Leotard w. Clear Straps, Option 1



Capezio Leotard w. Clear Straps, Option 2



Boys Uniforms:

Sansha Shirts and Shorts:

Children

Sansha Size	A	B	C	D	E	F	G	H	I
Approximate Age	2	4	6	8	10	12	14	16	18

fig. 6

Capezio Shirts - Child's Sizes:



BOYS' BODYWEAR GUIDE

BOYS:	XSMALL (XS)	SMALL (S)	MEDIUM (M)	LARGE (L)	XLARGE (XL)
	INCHES	INCHES	INCHES	INCHES	INCHES
CHEST	24-26	26-28	28-30	30-32	32-34
WAIST	21-22	23-24	25-26	26-28	28-30
INSEAM	24	26	28	30	32

1. Chest - widest part of chest
2. Waist - narrowest point of waist
3. Inseam - measure to the ankle along inside of leg

fig. 7

Capezio Shirts and Tights - Men's Sizes:



MEN'S BODYWEAR GUIDE

MEN'S	SMALL (S)	MEDIUM (M)	LARGE (L)	EXTRA LARGE (L)	2XL
	INCHES	INCHES	INCHES	INCHES	INCHES
CHEST	34-36	36-38	38-40	40-42	42-44
WAIST	28-30	30-32	32-34	34-36	36-38
INSEAM	28	30	32	34	36

1. **Chest** - widest point of chest
2. **Waist** - narrowest point of waist
3. **Inseam** - measure to the ankle along inside of leg

fig. 8

Motionwear Shirts (Pre-EI 1/2, Elem, Inter, Senior, Adv, Pre Grad & Grad)

Mens Size Chart

(Measurements are in inches)

	Chest	Waist	Hips	Girth
SA (Small)	35-37	28-31	35-37	59-62
MA (Medium)	37-40	31-33	37-40	62-65
LA (Large)	40-43	33-35	40-43	64-67